

Grand Blanc Senior Center

January

Wow can you believe another year has come and gone, where does the time go? Welcome 2026 we are excited to see what this year has to offer. Speaking of offerings check out all the great programs being offered at the center during the month of January! Please remember if a program states that advance sign-up is required that we either need a minimum number for the program to be held or there is a maximum number we can accommodate. Just a reminder the center does not follow Grand Blanc Schools inclement weather schedule. The building will be open, it will depend on whether instructors want to hold classes on these days. In the event of class cancellations, automated calls will be put out from the office. This is the fastest way for us to reach all of you. Just a reminder, there is a good 10 second pause on the phone before the message plays!

January at a Glance

The Center will be closed on Thursday, January 1st

Monday, January 5 at 10:30am: The Medical Team Grief Support

Tuesday, January 6 at 11:30am: Advance Physical Therapy Strength & Balance

Wednesday, January 7 at 9:30am: Acrylic Paint Pour with Lin

Wednesday, January 7 at 1:00pm: Card Making with Judi

Wednesday, January 7 at 1:00pm: Advisacare Presents Hospice 101

Monday, January 12 Reiki Appointments with Heather

Monday, January 12 at 1:00pm: Pasta Making with Chef Jay

Monday, January 12 at 2:30pm: MSU Extension Tai Chi for Arthritis & Fall Prevention

Monday, January 12 at 3:15pm: Tai Chi Practice & Play

Wednesday, January 14 at 11:00am: Weight Loss with Laurie

Wednesday, January 14 at 1:00pm: CorFreedom Presentation

Wednesday, January 14 at 3:00pm: Maxwell Physical Therapy Pelvic Floor & Balance

Thursday, January 15 at 11:00am: Medicare 101 with Jason Moore

Monday, January 19 at 9:30am: Susie's Mini Watercolor Session

Monday, January 19 at 10:00am: FSA Visually Impaired Support Gorup

Monday, January 19 at 10:30am: The Medical Team Grief Support

Tuesday, January 20 at 12:00pm: Brookdale Luncheon

Wednesday, January 21 at 11:30am: Swan Hospice Lunch & Learn

Wednesday, January 21 at 2:00pm: Morgan Scafe Book Signing and Discussion

Wednesday, January 21 at 3:00pm: Maxwell Physical Therapy Strength & Balance



GENESEE COUNTY
MICHIGAN

The Grand Blanc Senior Activity Center is funded by: Genesee County and the Genesee County Board of Commissioners, City of Grand Blanc, Charter Township of Grand Blanc, Genesee County Senior Services Millage, and individual donations. We appreciate all who have made a difference. This program and/or service is fully or partially funded by Genesee County Senior Millage Funds. Your tax dollars are at work.

HEALTH AND FITNESS PROGRAMS

DRUMS ALIVE

Mary Ann Orme will get you moving and grooving in this great class! This class is limited to 30 people with center provided supplies (bucket and sticks). Participants will be required to provide their own ball each week. This Free class is offered on Mondays at 1:30pm. **This class is limited to 30 people, you may sign-up for one month at a time. Please call and cancel if you are unable to attend as there is a waitlist for the class.**

CHAIR YOGA

Chair yoga increases flexibility, strength, improves balance and coordination, reduces stress and pain, and improves sleep. **Join Donna on Monday and Friday mornings at 9:30am. There is a \$3.00 drop-in fee per class.**

YOGA

This class is perfect for the beginner yoga student. Basic postures are taught in a clear and concise manner with modifications being offered to meet your physical ability. With consistent practice, this class will increase your flexibility, endurance, strength and balance. Please bring a yoga mat and a blanket to class. Dress in comfortable clothing that allows for movement. Appropriate for all levels but must be able to get down and up from the floor.

Classes are held on Mondays and Fridays at 10:30am and have a drop-in fee of \$8.00 per class.

MIDWEEK MOVE AND STRENGTH

A fun, upbeat combination of strength training and cardio designed to improve endurance, balance, and strength. Each class includes low-impact options and uses light dumbbells to help participants move at their own pace and feel stronger every week. Classes are held on Wednesday evenings at 5:30pm. Class dates are Wednesday, January 7– Wednesday, February 11. Cost is \$8.00 drop-in or \$40 for the 6-week session. **Please call to reserve your spot.**

REIKI WITH HEATHER

Reiki is a Holistic practice created by a Japanese Buddhist Monk Mikao Usui in the early 20th century. Reiki's primary focus is to clear any blocks of (Qi) Energy flow in the seven main Chakra- Energy Centers. These blockages may be caused by past traumas, addictions, or illnesses that arise from neglecting intuitive needs or love or nourishment Reiki can be very beneficial towards relaxing anxieties and worries of living the day to day life. Heather will be at the center on Monday, January 12 at 9:00am offering Reiki appointments. Available appointments and pricing: 15 minute-\$5.00, 30 minute- \$10.00 or 1 hour-\$20.00.

Please specify length of time requested when making appointment.

MAXWELL PHYSICAL THERAPY STRENGTH PROGRAM

Join Maxwell Physical Therapy on the third Wednesday of every month at 3:00pm for Upper and Lower strength and balance training. This is a great class to help maintain or regain your balance and core strength. **The January program will meet on Wednesday, January 21. Please call to reserve your spot.**

ARTHRITIS EXERCISE

The Arthritis Foundation Exercise Program is a low-impact physical activity program proven to reduce pain and decrease stiffness. The routine includes a gentle range-of-motion exercises that are suitable for every fitness level. You may bring your own weights to enhance the class.

This great program is offered on Tuesdays and Thursdays at 10:00am.

This class requires pre-registration to attend. Participants may sign-up on the sign-up sheet in the class on Tuesdays or Thursdays for the next class. Participants that miss the previous class may call the office to sign-up.

ADVANCE PHYSICAL THERAPY PRESENTS: BALANCE CLASS

Join Megan, a physical therapist, from Advance Physical Therapy on the first and fourth Tuesday of each month at 11:30am. Megan will help you improve your balance and strength with a variety of exercises. **The January dates are Tuesday, January 6 and Tuesday, January 27. Please call to reserve your spot.**

AFTERNOON ARTHRITIS EXERCISE

The Arthritis Foundation Exercise Program is a low-impact physical activity program proven to reduce pain and decrease stiffness. The routine includes a gentle range-of-motion exercises that are suitable for every fitness level. You may bring your own weights to enhance the class. This great program is offered on Tuesdays at 2:00pm.

PICKLEBALL

Join our pickleball group on Wednesdays at 9:00am for some fun, exercise and a little friendly competition. Pickleball will be suspended from Wednesday, January 28 through Wednesday, April 8 so the center can accommodate the AARP Income Tax Program.

LINE DANCING CLASSES

Join in on the fun! Line dancing is a great way to have fun while exercising. Our instructor, Norma Rudkin, will make you fall in love with line dancing! Cost is \$3.00 per class.

Class schedule is as follows:

Improver Class-Mondays at 12:00pm High Beginner - Thursdays at 12:00pm

Ultra Beginner– Thursdays at 1:30pm

LET'S GO FOR A WALK

Let's Go For a Walk ion Mondays and Fridays from 8:00am-9:00am and Tuesdays and Thursdays from 8:00am-9:45am. 22 laps in our large room is one mile. We have bingo chips available to help you keep track of your laps! Wednesday walking is available from 8:00am-9:00am

TABLE TENNIS

Doubles table tennis returns on Friday afternoons from 2:00pm-4:00pm.
Please call to register in advance if you would like to play!

SCRABBLE

Join our Scrabble group on Mondays at 1:00pm. Playing Scrabble is a great way to keep you mind active.

ZUMBA GOLD

Do you want to have a great time dancing and shaking away the pounds and blues?
Join certified Zumba instructor Kimberly on Fridays at 1:00pm for an hour of fun and exercise!
Cost is only \$6.00 per class or you can purchase a punch card for \$25 (5 classes).
This class can be done seated or standing!

MSU EXTENSION PRESENTS: TAI CHI PRACTICE AND PLAY

Join Liz for this refresher class on Mondays at 3:15pm. This class is for those that have completed the Introductory to Tai Chi class.

SOCIAL PROGRAMS & TRIPS AT A GLANCE

MAH JONGG	MONDAYS	9:30AM
BRIDGE	MONDAYS	12:00PM
BRIDGE (PARTNERS)	TUESDAYS	12:30PM
EUCHRE	TUESDAYS	12:30PM
EUCHRE	THURSDAYS	12:30PM
POKER	FRIDAYS	12:00PM

February 5-14, 2026: Discover Hawaiian Adventure. Call for cost
June 24-July 5, 2026: Alaska Discovery Land & Cruise. Call for cost
June 19-25, 2026: Discover Canadian Rockies & Glacier National Park. Call for cost.
October 13-27, 2026: Discover South Pacific Wonders. Call for cost.

SENIOR CENTER BUS TRIPS— LIMITED TO 6 PEOPLE

Target and TJ Maxx —Fenton

Wednesday, January 14

Bus Departs Senior Center at 9:30am

Bus Departs Fenton at 12:15pm

EDUCATION PROGRAMS

ACRYLIC PAINT POUR CLASS

Welcome to the vibrant world of acrylic paint pouring, where creativity flows as freely as the paint itself! If you're new to the art scene or simply looking to unleash your inner artist, you're in for a treat. Picture this: swirling colors cascading across your canvas in a dance of pure imagination, each pour a unique expression of your creativity. In this Acrylic Paint Pouring for Beginners Class, we'll dip our imaginations into the basics of acrylic paint pouring, from selecting the right materials to mastering essential techniques. Join Lin on Wednesday, January 7 at 9:30am. for this great class. All materials provided, cost is \$30. **Advance sign-up and payment are required. Displays are up at the center**

ADVISACARE PRESENTS: HOSPICE 101

Jordan Sanders from Advisacare will share information about everything offered with hospice services. Join Jordan on Wednesday, January 7 at 1:00pm. **Please call to reserve your spot.**

CARD MAKING WITH JUDI

Stop by the Senior Center to see the cute cards we're making on Wednesday, January 7th from 1-4pm. Bring your own tape runner or liquid glue. **Advance sign-up and payment are required.**

JAY E. JACOBS CATERING PRESENTS: PASTA MAKING CLASS

Chef Jay will provide the equipment, materials and ingredients required for the demonstration of Pasta 101. In this interactive class you will learn how to make pasta dough, roll the dough and forming/cutting ravioli and other pastas as time permits. Join Chef Jay on Monday, January 12 at 1:00pm. This class is limited to 10 people and Genesee County residents 60 years of age or older. Cost is \$15.00. **Advanced payment is required.**

MSU EXTENSION PRESENTS: TAI CHI FOR ARTHRITIS AND FALL PREVENTION

Tai Chi is a gentle exercise combining slow movement, deep breathing and focused intention. Tai Chi Increases strength, Increases balance and posture, Prevents falls, Improves mind, body, and spirit, Reduces stress and increase relaxation, Modifications will be provided for those who want to attend seated or standing. Join Lizon Mondays at 2:30pm. This great class will be offered Monday, January 12 through Monday, April 27. **Please call to reserve your spot.**

WEIGHT LOSS WITH LAURIE

Laurie Welch returns this month with another great topic— weight loss. We all talk about trying to lose weight, but never are sure what the right approach should be. Should we try and limit foods or tape our mouths shut to prevent overeating. Join Laurie on Wednesday, January 14 at 11:00am.

Please call to reserve your spot.

TURNING 65-MEDICARE 101 PRESENTED BY SECURITY FIRST BENEFITS

Turning 65 and confused at what you need to do to enroll in Medicare benefits? Jason from Security First Benefits will be at the center to answer your Medicare questions on Thursday, January 15 at 11:00am. **Please call to reserve your spot.**

COR FREEDOM PRESENTATION

Your home shouldn't hold you back. Whether you're an aging senior, a concerned family member, or living with a disability, we help you or your loved one stay safe, independent, and comfortable at home. Join Brian from CorFreedom on Wednesday, January 14 at 1:00pm as he shares products and services available to help make your home fit your needs better. **Please call to reserve your spot.**

SUSIE WIRSING WATERCOLOR MINI SESSION

Susie returns this month for a mini watercolor session. Join Susie on Mondays from 9:30am-12:00pm as she teaches new watercolor techniques. Cost is \$18.00 for the two week class. Class dates are Monday, January 19 and Monday, January 26. **Space is limited, advance payment is required.**

MAXWELL PHYSICAL THERAPY PRESENTS: PELVIC FLOOR AND BALANCE

Join Physical Therapist Meghan Erpelding as she shares information about how your pelvic floor effects your balance and coordination. Meghan will offer this great class on Wednesday, January 14 at 3:00pm. **Please call to reserve your spot.**

KNITTERS

Our knitting/crocheting group meets every Thursday morning from approximately 9:00am-11:00am. Our group shares patterns, ideas and friendship. This group is for anyone whether you are working on a personal project or making projects to donate to local charities! If you are looking for a home for your unused yarn, we happily accept donations for our group.

LEARN TO PLAY MAH-JONGG (NO MAH JONGG CARD REQUIRED)

Learn to play Mah-Jongg on Thursdays at 9:30am with Ray. This group is for newbies or those that just need a little refresher

THE WATERCOLOR STUDIO

Our watercolor group will continue to meet on Tuesdays from 9:30am-11:30am where our painters can continue to share the love of watercolors and the friendships they have formed.

BOOK DISCUSSION

Book discussion and reading improves brain connectivity, increases vocabulary and comprehension, empowers you to empathize with other people, aids in sleep readiness, reduces stress, lowers blood pressure and heart rate, fights depression symptoms, prevents cognitive decline as you age, and contributes to a longer life. The Book Discussion group meets on the 2nd Wednesday of each month at 10:00am. **The January session will be held on Wednesday, January 14**

ULTRA BEGINNER LINE DANCE

We are so excited to announce an Ultra Beginner Line Dance Class with Norma! This class is perfect for anyone looking to learn line dance. Norma will start with the basics so you can learn to love line dance! No experience necessary, just need a good attitude and be ready to have a great time! This class will be offered on Thursdays at 1:30pm. Cost is \$3.00 drop-in.

NUTRITION PROGRAMS

PRODUCE PANTRY

Thanks to a \$10,000 grant from Community Foundation of Greater Flint, Grand Blanc Chapter the center is able to purchase fresh produce from Flint Fresh. We will be distributing free fresh produce daily, with the exception of holiday weeks. Produce bags will be distributed on a first-come-first-serve basis. Monday produce pick-up time will vary depending on when we are able to pick-up the order, feel free to call before coming in. Tuesday through Friday produce pick-up begins at 8:00am. Availability is limited. Each Monday we receive our order and divide the produce up evenly for all five days of the week so that everyday the same amount of each item will be available. We ask that you please limit yourself to one visit per week so that everyone has an opportunity to this great program!

BROOKDALE LUNCHEON

Join us for a delicious luncheon provided by Brookdale Assisted Living. Brookdale treats us to a homecooked meal each month, so grab a friend and join us! The January Brookdale luncheon will be held on Tuesday, January 20 at 12:00pm.

Please call to reserve your spot no later than Tuesday, January 13.

SWAN HOSPICE LUNCH AND LEARN

Swan Hospice is treating us to lunch this month. Join Mercedes from Swan Hospice as she shares all of the benefits of hospice and addresses some common misconceptions regarding hospice. The Swan Hospice lunch and learn will be held on Wednesday, January 21 at 11:30am.

Please call to reserve your spot no later than Wednesday, January 14.

AARP TAX SERVICE INFORMATION

Please make sure you are prepared for your appointment with all of the required documents. You will not be given a second appointment or allowed to return with additional information you forgot to provide. This is an extremely popular program we offer and available appointments are limited.

- On the day of your appointment, please arrive no more than 10 minutes before your scheduled appointment time. Automated reminder calls will go out a few days before your appointment.
- If you are more than 5 minutes late for your appointment, you will not be seen or have another appointment made.
- If you are unable to make your scheduled appointment, please call and cancel as soon as possible. If you fail to call and cancel we will not schedule appointments for you in the future.
- **You must complete the required intake packet before your scheduled appointment.**

REQUIRED DOCUMENTATION

- Photo Id and Social Security Card for anyone filing taxes. Acceptable SS proof is SS Statement with number on it.
- All income statements including but not limited to W-2, Pension, Lottery Winnings, Alimony...
- Mortgage interest statement
- Last year's tax return
- Consumers energy bill for the home heating credit, if you qualify
- Bank routing number and account number for direct deposit
- Itemized Property Tax Statement: These are no longer able to be looked up at the center due to a new countywide software where there is a charge to view property taxes. See below for what you are required to provide for Summer and Winter Taxes

School District	25030	PRE/MBT	100.0000%
Taxable Value	\$80,985	S.E.V.	\$104,000
Property Class	401 - RESIDENTIAL-IMPROVED	Assessed Value	\$104,000
Tax Bill Number	<i>No Data to Display</i>	Last Receipt Number	00011648
Last Payment Date	09/13/2024	Number of Payments	1
Base Tax	\$2,012.74	Base Paid	\$2,012.74
Admin Fees	\$20.12	Admin Fees Paid	\$20.12
Interest Fees	\$0.00	Interest Fees Paid	\$0.00
Total Tax & Fees	\$2,032.86	Total Paid	\$2,032.86
Renaissance Zone	<i>Not Available</i>	Mortgage Code	<i>Not Available</i>

Tax Bill Breakdown for 2024 Summer

Taxing Authority	Millage Rate	Amount	Amount Paid
COUNTY OP	5.372600	\$435.10	\$435.10
MOTT OP	1.936500	\$156.82	\$156.82
MOTT DT	0.600000	\$48.59	\$48.59
ISD OP	0.402000	\$32.55	\$32.55
SPEC ED	2.342600	\$189.71	\$189.71
VOC ED	0.936400	\$75.83	\$75.83
SE TAX	6.000000	\$485.91	\$485.91
SO TAX	18.000000	\$0.00	\$0.00
SCH B-S	0.963600	\$78.03	\$78.03
SCH DT	6.300000	\$510.20	\$510.20
Admin Fees		\$20.12	\$20.12
		\$86.26	\$86.26

LEGAL SERVICES OF EASTERN MICHIGAN: FREE LEGAL SERVICES

The Center is happy to announce Free Legal Services provided by Legal Services of Eastern Michigan.

Attorney Zach will be available by appointment only on the **first Monday of every month**.

Appointments are 1/2 long and begin at 9:30am. If you and your spouse are wanting to complete a Will or Durable Power of Attorney two appointments will be required. Please call the office to schedule your appointment. **Services are available to Genesee County Seniors 60 years of age and older.**

Services include: Wills, Durable Power-of -Attorney, Advance Directives, Estate Planning, Medicaid Planning, Social Security, Income Tax, Consumer Issues, Housing Complaints, Family Law, Domestic Violence, Bankruptcy, Employment Issues, Public Benefits.

LSEM Attorney is available by appointment only on the first Monday of each month.

GRIEF SUPPORT SPONSORED BY THE MEDICAL TEAM

We are happy to announce a new partnership with The Medical Team. The Medical Team will offer a monthly grief support group on the 1st and 3rd Monday of each month at 10:30am. You don't have to go through the grieving process alone. Join our caring group of people who will walk alongside you through one of life's most difficult experiences.

The January dates are Monday, January 5 and Monday, January 19

MEDICARE/MEDICAID ASSISTANCE

Our Medicare specialist can assist you with your Medicare or Medicaid questions and concerns.

Our Medicare counselor is available for phone appointments on Tuesdays and Wednesdays.

Call the center at 695-3202 to schedule an appointment.

VISUAL OR HEARING IMPAIRED SUPPORT GROUP

Our Visual and Hearing Impaired Support Group has returned. Join Sabrina from Family Service Agency on the third Monday of each month at 10:00am. The January group will be held on

Monday, January 19

ALZHEIMER AND PARKINSON CAREGIVER SUPPORT GROUP

Are you caring for someone with Alzheimer's, Dementia or Parkinson's? If so, please consider joining our wonderful support group. This group can make the challenges in caregiving a little less stressful knowing you are not alone. The Caregiver Support Group meets on the 3rd Wednesday of each month from 10:00am-12:00pm. **The January date is Wednesday, January 21**

MEDICAL LOAN CLOSET

The Center's Medical Loan Closet is available Monday-Friday from 9:00am-12:30pm. Inventory varies daily based on usage and donations. If you would like to make a donation please call in advance to see if we are accepting the durable medical goods.

BLOOD PRESSURE SCREENINGS

Stop in on Thursdays between 10:00am-12:00pm to see Elaine from Procare Health Solutions. Elaine will check your blood pressure and share health tips during your visit!

BLOOD SUGAR CHECKS

Stop in on the 2nd Thursday of each month at 10:00am to have a nurse from Brookdale check your blood sugar levels for free.

SENIOR CENTER TRANSPORTATION SERVICE

The bus provides transportation for current members age 60 and older who reside within the Grand Blanc School District. Participants must sign a bus policy. Transportation is limited to the Senior Center, Doctors Offices, Grocery Stores, Post Office, and Barber/Beauty Shops within the Grand Blanc School

District. The Center transportation services cannot provide rides to physical therapy or medical procedures other than routine doctor and dental appointments, blood draws and x-rays. Transportation arrangements must be scheduled with the Grand Blanc Senior Activity Center Office. There is a \$4.00 charge for round trip transportation. Any additional scheduled stops are \$2.00 per stop and must be scheduled at the time of original appointment. The fees may be paid in advance or upon boarding the bus. For convenience please have small bills or exact change. Transportation hours are: Monday through Friday from 8:00am-1:00pm.

January EVENTS

1
Closed
New Year's
Day

2
Walking 8:00-9:30
Quilting 9:00
Chair Yoga 9:30
Yoga 10:30
Poker 12:00
Zumba 1:00
Table Tennis 2:00

5 Produce Pantry Walking 8:00-9:30 Chair Yoga 9:30 Mah Jongg 9:30 Yoga 10:30 Grief Support 10:30 Line Dance 12:00 Bridge 12:00 Scrabble 1:00 Drums Alive 1:30 Intro Tai Chi 2:30 Tai Chi 3:15	6 Produce Pantry Walking 8:00-9:45 MMAP Appointments Watercolor 9:30 Exercise 10:00 ADPT 11:30 Bridge 12:00 Euchre 12:30 Exercise 2:00	7 Produce Pantry Walking 8:00-11:00 Pickleball 9:00 Acrylic Paint Pour 9:30 Card Making 1:00 Hospice 101 1:00 MidWeek Move 5:30	8 Produce Pantry MMAP Appointments Walking 8:00-9:45 Knitting 9:00 Mah Jongg 9:30 Blood Sugar Checks 10-12 Blood Pressure 10:00 Exercise 10:00 Line Dance 12:00 Euchre 12:30 Beg Line Dance 1:30	9 Walking 8:00-9:30 Quilting 9:00 Chair Yoga 9:30 Yoga 10:30 Poker 12:00 Zumba 1:00 Table Tennis 2:00
12 Produce Pantry Walking 8:00-9:30 Reiki Appts 9:00 Chair Yoga 9:30 Mah Jongg 9:30 Yoga 10:30 Line Dance 12:00 Scrabble 1:00 Pasta Class 1:00 Drums Alive 1:30 Intro Tai Chi 2:30 Tai Chi 3:15	13 Produce Pantry Walking 8:00-9:45 MMAP Appointments Watercolor 9:30 Exercise 10:00 Bridge 12:00 Euchre 12:30 Exercise 2:00	14 Produce Pantry Walking 8:00-11:00 Pickleball 9:00 Book Discussion 10:00 Weight Loss 11:00 Core Freedom 1:00 Maxwell 3:00 MidWeek Move 5:30	15 Produce Pantry MMAP Appointments Walking 8:00-9:45 Knitting 9:00 Mah Jongg 9:30 Exercise 10:00 Blood Pressure 10:00 Medicare 101 11:00 Line Dance 12:00 Euchre 12:30 Beg Line Dance 1:30	16 Walking 8:00-9:30 Quilting 9:00 Chair Yoga 9:30 Yoga 10:30 Poker 12:00 Zumba 1:00 Table Tennis 2:00
19 Produce Pantry Walking 8:00-9:30 Chair Yoga 9:30 Watercolor 9:30-12 Mah Jongg 9:30 Visually Impaired 10:00 Grief Support 10:30 Yoga 10:30 Line Dance 12:00 Scrabble 1:00 Drums Alive 1:30 Intro Tai Chi 2:30 Tai Chi 3:15	20 Produce Pantry Walking 8:00-9:45 MMAP Appointments Watercolor 9:30 Exercise 10:00 Brookdale Lunch 12:00 Bridge 12:00 Euchre 12:30 Exercise 2:00	21 Produce Pantry Walking 8:00-11:00 Pickleball 9:00-11:00 Caregiver Support 10:00-12:00 Swan Hospice Lunch & Learn 11:30 Morgan Scafe Book Signing 2:00 Maxwell Strength 3:00 MidWeek Move 5:30	22 Produce Pantry MMAP Appointments Walking 8:00-9:45 Knitting 9:00 Mah Jongg 9:30 Blood Pressure 10:00 Exercise 10:00 Line Dance 12:00 Euchre 12:30 Beg Line Dance 1:30	23 Walking 8:00-9:30 Quilting 9:00 Chair Yoga 9:30 Yoga 10:30 Poker 12:00 Zumba 1:00 Table Tennis 2:00
26 Produce Pantry Walking 8:00-9:30 Chair Yoga 9:30 Watercolor 9:30-12 Mah Jongg 9:30 Yoga 10:30 Line Dance 12:00 Bridge 12:00 Scrabble 1:00 Drums Alive 1:30 Intro Tai Chi 2:30 Tai Chi 3:15	27 Produce Pantry Walking 8:00-9:45 MMAP Appointments Watercolor 9:30 Exercise 10:00 ADPT 11:30 Bridge 12:00 Euchre 12:30 Exercise 2:00	28 Produce Pantry AARP Tax Trial Run MidWeek Move 5:30	29 Produce Pantry MMAP Appointments Walking 8:00-9:45 Knitting 9:00 Mah Jongg 9:30 Blood Pressure 10:00 Exercise 10:00 Line Dance 12:00 Euchre 12:30 Beg Line Dance 1:30	30 Walking 8:00-9:30 Quilting 9:00 Chair Yoga 9:30 Yoga 10:30 Poker 12:00 Zumba 1:00 Table Tennis 2:00

Grand Blanc Senior Center
12632 Pagels Drive
Grand Blanc, MI 48439
Hours of Operation
Monday-Friday
8:00am-4:00pm
Phone: (810) 695-3202
gbsc3202@gmail.com
Website:
parks.gbtgov.com

PRST STD
U.S. POSTAGE
PAID
Grand Blanc, MI
Permit No. 35

OR CURRENT RESIDENT

Senior Winter Games Registration

Monday, November 10, 2025-Thursday, January 8, 2026

Registration Fees

\$15.00 per person without Bowling

\$18.00 per person with Bowling

Includes: T-Shirt, Unlimited Events, Opening Ceremony & Closing Ceremony Banquet

Monday, February 2, 2026-Wednesday, March 4, 2026

Pie Eating, Bowling, Jigsaw Puzzle, Spades, Checkers, Scrabble, Yahtzee, Hand Knee Foot, Shuffleboard, Competitive Table Tennis, Recreational Ping Pong, Cribbage, Pinochle (Single Deck), Dominoes (Mexican Train), Softball Toss, Free Throw, Euchre, Baking, Pickleball, Walking, Darts, Corn Hole, Arts & Crafts, Senior Grand Prix, Spelling Bee, Line Dancing, Pool, Mini Golf, Frisbee Toss and Ladder Golf

Follow the fun on the Senior Winter Games of Genesee County Facebook

